



new life fellowship

Sermon Title: The People Jesus Calls Blessed

Speaker: Rich Villodas – Lead Pastor

Scriptures: Matthew 5: 3-5

- 3 “Blessed are the poor in spirit,
for theirs is the kingdom of heaven.
- 4 Blessed are those who mourn,
for they will be comforted.
- 5 Blessed are the meek,
for they will inherit the earth.

Sermon Summary:

This Sunday, we will continue our series through the Sermon on the Mount. Pastor Rich will lead us in exploring the first three Beatitudes that Jesus teaches. We will discover how Jesus’ way exposes the lies we have come to believe about our world and ourselves.

Sermon Questions:

1. What is on your list of what is included in a blessed life?
 - ❖ Pastor Rich said, “To be blessed is to live in a current state of happiness/flourishing because you have embraced Jesus’ view of the good life.”
2. Pastor Rich talked about the blessing of the poor in spirit as those who live with a profound neediness for God. The opposite spirit would be self-sufficiency and self-reliance. How do you think our neediness for God leads to blessing or how have you observed self-sufficiency and self-reliance lead away from flourishing?
3. The invitation with mourning in v. 4 is to bring our grief to God. How was making space for grief discouraged or encouraged in your family of origin and/or culture?
4. Meekness is power under control, humility and gentleness. What is the good news about meekness? We can live at ease, because in the end God will give us everything we need. There is nothing to prove, protect, or possess. Share an example of when you have seen someone demonstrate meekness in a way that inspired you.
5. The Gospel says:
 - In Christ, we don’t have to live self-sufficiently because we are saved through our poverty.
Blessed are the poor in spirit.
 - In Christ, we don’t have to avoid our pain, because God promised to meet us in it.
Blessed are those who mourn.
 - In Christ, we don’t have to anxiously and aggressively control everything around us, because God promises a greater inheritance.
Blessed are the meek.
 - ❖ Which of these resonates with you the most and why?