



WEEKLY CONNECTION EVENTS DURING THE SERIES

MORNING PRAYER WITH PASTOR RICH

Mondays, Sep 30 - Oct 28 | 6 - 6:20 am | Virtually On Zoom

Start your week off well by joining Pastor Rich for a guided time of prayer on Monday mornings. He will lead us through scripture readings and contemplative prayer. The link below will go live only at the scheduled times.

Virtually on Zoom ([link to join](#))

Meeting ID: 894 1339 2020

Passcode: 611630

MORNING PRAYER WITH PASTOR SHAUNA

Wednesdays, Oct 9 - Nov 6 | 8 - 8:30 am | Virtually On Zoom

Start your Wednesday connecting with God through prayer and Scripture through various practices like breath prayer, palms down/palms up, Lectio Divina, and Ignatian imaginative prayer. The link below will go live only at the scheduled times.

Virtually on Zoom ([link to join](#))

Meeting ID: 849 6216 3352

Passcode: 073127

CONGREGATIONAL DAY ALONE WITH GOD

Saturday, Oct 12 | 10am - 4pm | Seminary of the Immaculate Conception

Through our corporate Days Alone With God, we seek to create time and space in community to connect more fully with Jesus and learn how to cultivate meaningful prayer time in our daily lives. The theme for this event is Loving Union. We are created for Loving Union with God. As our schedules pick up, and our nation faces many divisions, it is easy to lose sight of the gift of communion with Christ. The love and power we need for life flow from our incredible connection with Christ.

[Register Here](#)

NIGHT OF WORSHIP & PRAYER

Thursday, Oct 17 | 7 - 9pm | In Person at New Life Fellowship

As part of our Contemplative Sermon series, you're invited to worship and contemplate God through corporate singing and prayer.



RESOURCES

ON CONTEMPLATIVE RHYTHMS

Books

1. [Into the Silent Land: A Guide to the Practice of Contemplation](#) by Martin Laird
2. *New Seeds of Contemplation* by Thomas Merton
3. [Liturgy of the Ordinary: Sacred Practices in Everyday Life](#) by Tish Harrison Warren
4. [The Monastic Heart: 50 Simple Practices for a Contemplative and Fulfilling Life](#) by Joan Chittister
5. Adele Calhoun's Handbook
6. [The Gift of Years: Growing Older Gracefully](#) by Joan Chittister
7. [Domestic Monastery](#) by Ronald Rolheiser

ON CONTEMPLATIVE PRAYER

Books

1. [Armchair Mystic: How Contemplative Prayer Can Lead You Closer to God](#) by Mark Thibodeaux, SJ
2. [Every Breath We Take: Living in the Presence, Love, and Generosity of God](#) by Terry Wardle

Apps

A Simple Pause ([Apple](#), [Google Play](#)) - 6 different practices for pausing to be with God

SLOW READING OF SCRIPTURE

Books

1. [Meeting God in Scripture: A Hands-on Guide to Lectio Divina](#) by Jan Johnson
2. [Opening to God: Lectio Divina and Life as Prayer](#) by David Benner

Apps

Lectio 365 ([Apple](#), [Google Play](#))



RESOURCES (CONT.)

ON THE EXAMEN

Books

1. [Reimagining the Ignatian Examen: Fresh Ways to Pray from Your Day](#) by Mark Thibodeaux, SJ
2. [The Examen Prayer: Ignatian Wisdom for Our Lives Today](#) by Timothy Gallagher

Apps

Reimagining the Examen ([Apple](#), [Android](#))

FOR ADDITIONAL RESOURCES

[Renovare](#) provides a robust list of resources including podcasts, articles, books, and more on their website.