



new life fellowship

Sermon Title: **Lexicon of Faith: A Fresh Look at Ancient Words – Confession**

Speaker: **Andre Grey - New Life East Pastor**

Scripture: **Psalm 32:1-7**

***Of David. A maskil.***<sup>[a]</sup>

- <sup>1</sup> Blessed is the one  
whose transgressions are forgiven,  
whose sins are covered.
- <sup>2</sup> Blessed is the one  
whose sin the LORD does not count against them  
and in whose spirit is no deceit.
- <sup>3</sup> When I kept silent,  
my bones wasted away  
through my groaning all day long.
- <sup>4</sup> For day and night  
your hand was heavy on me;  
my strength was sapped  
as in the heat of summer.<sup>[b]</sup>
- <sup>5</sup> Then I acknowledged my sin to you  
and did not cover up my iniquity.  
I said, "I will confess  
my transgressions to the LORD."  
And you forgave  
the guilt of my sin.
- <sup>6</sup> Therefore let all the faithful pray to you  
while you may be found;  
surely the rising of the mighty waters  
will not reach them.
- <sup>7</sup> You are my hiding place;  
you will protect me from trouble  
and surround me with songs of deliverance. *(NIV)*

**Sermon Summary:**

This weekend, we continue our summer sermon series titled, Lexicon of Faith. This series explores 8 popular Bible words that many people have misunderstood or misused. This Sunday, New Life East Pastor Andre Grey will lead us in a message focusing on the word, **Confession**. Confession is the spiritual practice that allows us to enter into the grace and mercy of God in such a way that we experience forgiveness and healing for the sins and sorrows of the past.

**Sermon Questions:**

1. Slowly read Psalm 32:1-7. What stands out to you?
2. What keeps you from confession? Ex. Shame, guilt, pride, fear, distrust, hiding

3. How does David's story speak to you? He is described as "a man after God's own heart," but ended up committing adultery and murder. In hiding from the pain he caused great agony for himself and others.
4. Pastor Andre said, "Confession is the liberating practice of acknowledging our sin that moves us away from fear, shame and pride towards God's forgiving love for us." What is God inviting you to confess today?
5. Consider the three steps Pastor Andre gave to live out the practice of confession: 1) Grieve how your failures have harmed others, God and yourself 2) Acknowledge/Confess your sin 3) Receive God's love and forgiveness