



new life fellowship

Sermon Title: God and Our Bodies: Confronting Lust

Speaker: Richard Villodas, Lead Pastor

Scripture: Matthew 5:27-30

²⁷ “You have heard that it was said, ‘You shall not commit adultery.’^[a] ²⁸ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. ²⁹ If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. ³⁰ And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

(NIV)

Sermon Summary:

This Sunday, Richard Villodas, Lead Pastor, continues our sermon series entitled God and Our Bodies. Today Pastor Rich unpacks Jesus’s words on the power of lust and the way our relationships and souls are impacted by it. He will also address the aspects that Jesus wants us to hold on to that lead to transformed relationships and lives.

Sermon Questions:

1. Lust was defined by Craig Keener as “the deliberate harboring of desire for an illicit relationship” and Pastor Rich said that “lust at its core is about using others for our own personal satisfaction—to make another person the object for your consumption.” How are these definitions similar or different to how you have thought about lust?
2. Pastor Rich reflected that “Jesus is more concerned with heart transformation than behavior modification.” How have you experienced the difference between heart transformation and behavior modification in your own life?
3. Which of the following main points from the sermon impacted you the most?
 - Jesus calls us to confront the reality of lust.
 - Jesus primarily addressed men.
 - This verse is not about sexual repression.
 - Jesus gives dramatic language to deal with lust.
 - Our lust damages our lives, our relationships, and the world, and yet, God still loves us.
4. One of the primary metaphors Scripture uses to describe us turning away from God is adultery. However, even in our unfaithfulness, God continues to pursue us with his never-ending, never giving up, covenant love. What do you sense God inviting you to turn away from and turn toward him? How have you experienced God’s loving pursuit in your life?